

Workshop Descriptions for STL Pagan Picnic 2022

A New World of Healing

Saturday @ 12:30pm in the Water Workshop Space - by Rev Bill Duvendack

Emerging in a post-COVID lockdown world, we find ourselves at a critical crossroads, surrounded by the haze of confusion and disinformation. Astrologically, Chiron is moving through Aries, calling us to heal our wounds and thus heal society in the process. How long will this healing period last? In this presentation, we will discuss Chiron's current role in astrology, and where things can go from here.

Altered States of Consciousness and How to Get There

Sunday @ 11am in the Air Workshop Space - by Babs Allen

What exactly is an "altered state of consciousness"? Why would anyone want to be in one? How can one get there? We will look at these questions and maybe even answer them in this workshop about how to break your brain in a good way!

Communicating with Ghosts

Sunday @ 1pm in the Fire Workshop Space - by Soul Searching

I want to show people how they can successfully, safely and respectfully communicate with ghosts by using basic ghost hunting equipment and natural techniques.

enCHANTment

Sunday @ 1pm in the Water Workshop Space

EnCHANTment - When we sing together, we vibrate together. Our hearts beat together. Those vibrational connections bridge our separateness and bring healing. Chanting together moves beyond the language of the mind and embraces the language of the spirit. EnCHANTment, a facilitated group experience, evokes and invokes the divine through chant in a permeable ritual of connection and inspiration. Everyone has a place in the circle. Whether you sing loudly or quietly, bob your head or tap your foot, or just settle in and absorb it all, enchantment welcomes you to the ritual of community and shared voice. We share chants in a way that makes them accessible and easy to learn for EVERYONE. We honor many paths. Come make magic and community with us!

Enchanting Belly Dance

Saturday @ 2pm in the Water Workshop Space - by Shyama

Follow Shyama into the world of fusion belly dance for fitness and fun! Learn to move and isolate your hips, arms, chest, and core in new ways, strengthening your muscles, improving flexibility, and raising your body confidence. Everyone is welcome in this teaser class!

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Establishing a Spiritual Practice

Sunday @ 2pm in the Air Workshop Space - by Rev Bill Duvendack

Whether we are new to our paths, or seeking something different to shake things up, there comes a time for each of us when we want to spiritually do something different. How do we do that, though? Factoring in a busy lifestyle, this could seem like a daunting and overwhelming task. In this presentation, we will discuss what a daily practice can look like, and how we can tune ourselves into the world around us for greater success. We will discuss daily practices, as well as basic astrological concepts that can be used by anyone.

Forage to Feast, Eating the Natural Way

Sunday @ Noon in the Earth Workshop Space - by Dan Grosshouser

In this presentation I will cover some of the most nutritious common wild edible plants that grow in our corner of the Ozarks, and how you can prepare and eat them.

Genres and Styles of Religious Rituals

Saturday @ 12:30 in the Earth Workshop Space - by Br. Patrick Finney

Writing and performing religious rituals is, among other things, an art. As with literature, music, and other performing arts there are identifiable genres and styles of religious ritual. This workshop explores many of those styles and genres and how reflecting on fundamental intent (genre) relates to potential choice of style (language, structure and overall “vibe”) with an eye to giving ritual artists another tool to broaden and deepen their approach to creating effective & meaningful rites.

Gentle Flow Yoga for All Levels

Sunday @ 11am in the Earth Workshop Space - by Lisa Michelle

Gentle Flow Yoga combines a series of postures in a slower paced flow to allow participants to move with a sense of ease from one posture to another, coordinated with breath. Create space to explore your practice and to gain a greater understanding of alignment and balance in the body. We recommend participants bring a towel or yoga mat and feel comfortable getting up and down from the ground. ***A mat, blanket, or towel is recommended.

Grounding with Gaia Yoga

Saturday @ 11am in the Earth Workshop Space - by Spring Adams

Center and ground with this gentle yoga flow, connecting mind and body to bring us into a calmer, clearer state of being. ***A mat, blanket, or towel is recommended.

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Growing the Community Through Your Personal Practice

Sunday @ 1pm in the Earth Workshop Space - by Lisa Michelle and Ryan

With the world spinning again, join us for a discussion on developing and harnessing your personal path to “level up” our spiritual gnosis. We will also discuss leveraging that work toward building and growing community.

Herbal Preparations - Hands on Workshop

Saturday @ 2pm, and again on Sunday @ 1pm, in the Air Workshop Space

- by Rev Ser Lori Blackman

Learn how easy it is to make herbal infusions! Take home a prepared by *you* Lavender Infused Oil.

Leprechaun Funding

Sunday @ 11am in the Fire Workshop Space - by Ed Hubbard

How to finance your dreams and wishes, even if you don't have a dollar to start.

Movement and Magick

Saturday @ Noon in the Water Workshop Space - by Sugar Cyanide

In this workshop discover the mind, body, and soul connection and learn how to add movement into your magical practice to strengthen and deepen your spiritual workings.

Ogham - Understanding the Language of the Trees

Saturday @ 1pm in the Air Workshop Space - by Zefire Zeeksi

I hope to teach to understanding of the language of the trees so it may deepen your knowledge of nature and show you that most people communicate with plants and trees on an instinctual nature. If you've ever walked past one of your potted plants and felt thirsty and realized the plant was dry, that was the plant communicating to you it was thirsty as well as the skill that farmers developed for magical use and keeping the trees of the forest happy, healthy, and growing. As plants and trees are sacred and essential to human life they provide us with balance.

Pagan, Christian, and Golden Dawn Symbolism in Tarot

Sunday @ Noon in the Water Workshop Space - by Stag

Raising and Directing Energy

Sunday @ 2pm in the Fire Workshop Space - by Rev Kerry Lynn

This workshop will discuss how to raise and direct energy.

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Saturday Main Ritual Planning (Conspiracy)

Saturday @ Noon in the Air Workshop Space - by Jasmine

Magic and community emerge from us. What we do, how we act, and how we move energy with our intention bring ritual to life. YOU are invited to “breathe your life” into the final stage of our community-created ritual of hope. Hearts, hands, and voices have conspired to shape the ideas for the ritual to this point, and now we invite all attending the picnic today to conspire with us and breathe life into our work today.

Secrets of Shadow Work

Sunday @ Noon in the Air Workshop Space - by Rev Don Lewis

Rev Don Lewis discusses the Shadow and Shadow Work, and techniques for working with the Shadow including Soul Retrieval.

Tarot is Symbolism, Sure, But Representation Matters

Saturday @ 2pm in the Water Workshop Space - by Melissa Cynova

Melissa Cynova (she/her) will be teaching about the approachability, gatekeeping and whitewashing that is a part of the tarot and magical history of our fields, and how we can best move forward with some common sense and a little bit of humor. We'll cover both tarot and magic, and good steps to take for both.

The Inner Temple: Cultivating the Sacred Space Within

Sunday @ 2pm in the Water Workshop Space - by Mx. Amy E. Rhea, HPs

Cultivating the Inner Temple is a powerful exercise in getting your spiritual life in order. One part dream house, one part mind palace, one part power reservoir, and one part whatever you need it to be, the Inner Temple is as much a magickal tool as it is a creative expression of the practitioner who builds it. In this workshop, we'll delve into the different functions that you can incorporate into your Inner Temple and go over the step-by-step process of creating it. We'll also discuss best practices to keep your Inner Temple orderly and secure and what to do if you find that your Inner Temple needs some cleaning, repair, or refreshing.

The Mystery of Fermentation and Transformation

Saturday @ 1pm in the Fire Workshop Space - by Larry “El Bee” Brown

This is a discussion of the stages we pass through as we find our true Path and what those stages are. Questions and answers will follow.

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The Satanic Agenda

Saturday @ 2pm in the Fire Workshop Space - by Martin McGregor

People love to paint pictures about Satanists and the sinister agendas they perpetuate. Regardless of truth, their deviation from what is expected of them makes Satanists, and even members of other faiths, targets for hate and slander. Do not be deterred by these attacks, and instead become exactly that which is feared: a free spirit left to their own devices. This workshop focuses on the employment of purposeful deviation and the creation of a truly personal spiritual practice.

Traditional Germanic/Heathen Ritual

Saturday @ 11am in the Air Workshop Space - by Hooder Wanderer

In this workshop I will discuss several different Germanic Paganism/Heathen rituals and outline what we know about the Northern European rituals before the Christian influence.

Unveiling the Mysteries of the Great Rite

Saturday @ Noon in the Fire Workshop Space - by Rev Taz Chance

Performing the Great Rite can be one of the most soul-touching events in our practice. It brings communion with the divine, great power, and a merger of self with the cosmic at-one-ment. With an ancient historical reference starting with the Epic of Gilgamesh and moving into the stories of sovereignty making in ancient Europe. Come explore the mysteries behind this practice and deepen your connection to the cosmic divine source the next time you perform the rite.